

Lifeline

BELONG

ICE-BREAKER

What movie, book, tv-show, or other piece of art completely changed your outlook on things?

SCRIPTURE

Mark 14:22-25 NLT

22 As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, "Take it, for this is my body."

23 And he took a cup of wine and gave thanks to God for it. He gave it to them, and they all drank from it. 24 And he said to them, "This is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice for many. 25 I tell you the truth, I will not drink wine again until the day I drink it new in the Kingdom of God."

Jeremiah 31:31-34 NLT

31 "The day is coming," says the Lord, "when I will make a new covenant with the people of Israel and Judah. 32 This covenant will not be like the one I made with their ancestors when I took them by the hand and brought them out of the land of Egypt. They broke that covenant, though I loved them as a husband loves his wife," says the Lord.

33 "But this is the new covenant I will make with the people of Israel after those days," says the Lord. "I will put my instructions deep within them, and I will write them on their hearts. I will be their God, and they will be my people. 34 And they will not need to teach their neighbors, nor will they need to teach their relatives, saying, 'You should know the Lord.' For everyone, from the least to the greatest, will know me already," says the Lord. "And I will forgive their wickedness, and I will never again remember their sins."

Hebrews 8:13 NLT

13 When God speaks of a "new" covenant, it means he has made the first one obsolete. It is now out of date and will soon disappear.

BE

Start with the foundation: do we live under the New Covenant or the Old Covenant? Briefly summarize what each of the covenants look like.

Next, consider how you actually live your life: do you always *act* like you are living under the New Covenant? Why or why not? What are some examples of ways you the might act like the Old Covenant is in effect?

Read Mark 14:22-25 NLT. Re-read the passage. Now retell the passage in your own words. What stands out to you? What questions do you have?

Try and place Mark 14:22-25 in context: when was this taking place? What was going to happen next? What do some of the key terms mean?

Read Jeremiah 31:31-34 NLT. Put this prophecy in the context of Genesis/Exodus. Then also try and recall other places God refers to His relationship with His people as a husband loves a wife.

Read Hebrews 8:13 NLT. What questions do you have? Recall earlier how your life actually looks: what practical steps can you take this week to believe and act like you are living under the New Covenant?

DO

Spend time becoming aware of the Lord's presence. Then, as a group, pray the Lord's prayer.

Next, ask the Holy Spirit to bring to mind any places of Old Covenant thinking.

As the Spirit does this, gently turn these things over to Christ, who is willing and able to carry them for you.

Conclude by asking the Holy Spirit to give prophetic encouragement to each person in the group.

