



21 day fast
march 14-april 3

fasting is between
you & God

fasting is practiced as a
community-wide
public event

why
fast?
to draw closer to God

why
fast?
to see a breakthrough
of God's power

Then Jesus, full of the Holy Spirit,
returned from the Jordan River.
He was led by the Spirit in the
wilderness, where he was tempted
by the devil for forty days. Jesus
ate nothing at all that time and
became very hungry.

Luke 4:1-2

God leads us into
seasons of trial

3 temptations

Then the devil said to him, "If you are the Son of God, change this stone into a loaf of bread." But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone.'"

Luke 4:3-4

3 temptations

provision

Then the devil took him up and revealed to him all the kingdoms of the world in a moment of time. "I will give you the glory of these kingdoms and authority over them," the devil said,

Luke 4:5-6a

"because they are mine to give to anyone I please. I will give it all to you if you will worship me." Jesus replied, "The Scriptures say, 'You must worship the Lord your God and serve only him.'"

Luke 4:6b-8

3 temptations

**provision
purpose & significance**

The world around us is under the control of the evil one.

1 John 5:19

Then the devil took him to Jerusalem, to the highest point of the Temple, and said, "If you are the Son of God, jump off! For the Scriptures say, "He will order his angels to protect and guard you.

Luke 4:9-10

And they will hold you up with their hands so you won't even hurt your foot on a stone." Jesus responded, "The Scriptures also say, 'You must not test the Lord your God.'"

Luke 4:11-12

3 temptations

**provision
purpose & significance
protection**

Then the devil went away, and angels came and took care of Jesus.

Matthew 4:11

Then Jesus returned to Galilee, filled with the Holy Spirit's power. Reports about him spread quickly through the whole region. He taught regularly in their synagogues and was praised by everyone.

Luke 4:14-15

When he came to the village of Nazareth, his boyhood home, he went as usual to the synagogue on the Sabbath and stood up to read the Scriptures. The scroll of Isaiah the prophet was handed to him.

Luke 4:16-17a

He unrolled the scroll and found the place where this was written: "The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor.

Luke 4:17b-18a

He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favor has come." He rolled up the scroll, handed it back to the attendant, and sat down.

Luke 4:18b-20a

All eyes in the synagogue looked at him intently. Then he began to speak to them. "The Scripture you've just heard has been fulfilled this very day!"

Luke 4:20b-21

BREAKTHROUGH

sin, addiction, or compulsions
wisdom
relationships
healing
our church's mission

why
fast?
to become more like Jesus

God wants us to
hunger for Him.

EAST FROM
how will we fast from
food or activities?

EAST FOR
what are the
reasons for fasting?

sharing our food with the
hungry
isaiah 58:7

FEAST ON
what will we
feast on?

offering

giving back to God through
tithes and offerings.

worship

expressing **thanks to God**
through song. Feel free to
stand, sit, or kneel while you
sing, clap, or just listen.

